

Ballet Theory Questions Grade 1

A candidate will be asked to demonstrate/answer 2 questions in the examination.

1. Please demonstrate a pliè.
2. Does “demi” mean half of full?
Half
3. Does “pliè” mean bend or stretch?
Bend
4. Should the body remain straight in a demi pliè?
Yes
5. Should the heels remain on the floor in a demi pliè?
Yes
6. Please demonstrate a battement tendu.
7. Does the toe leave the floor during a battement tendu?
No
8. Please demonstrate first/second/third/fourth/fifth position of the arms (one position per candidate to be asked in the exam).
9. Can you demonstrate a glissade devant?
(glissade with feet starting in third position, beginning the glissade with the front foot and finishing with the same foot in front)
10. What does “devant” mean?
Front
11. Should both feet point during a glissade?
Yes
12. Do the toes remain on the floor in glissade?
Yes
13. Please show me a petit sauté.
14. Does “petit” mean large or small?
Small
15. What does sauté mean?
Jump/spring
16. Is it important to finish in a demi pliè when landing a petit sauté?
Yes

17. Should the toes be fully stretched when jumping in a petit sauté?
Yes

18. What does "révérence" mean?
Thank you

19. Is the back heel down (on the floor) in spring points?
Yes

20. What does "port de bras" mean?
Carriage of arms