

Ballet Theory Questions Grade 5

A candidate will be asked to demonstrate/answer 2 questions in the examination.

1. In a plie in 4th, how is the weight distributed?
Centered equally between the two feet
2. What does “en croix” mean?
In the shape of a cross
3. Should the upward movement of the leg in grand battement be thrown or carried?
Thrown
4. What does “en arriere” mean?
To the back or backwards
5. Should the emphasis be up or down in demi or full pointe work?
Up: to stay up twice as long as down
6. In echappe releve, are the feet equally extended?
Yes
7. Should one foot totally cover the other in releve in 5th?
Yes
8. What is a demi detourne?
A releve in 5th with a half turn towards the back foot
9. What does rotation mean?
To rotate or turn out
10. What is the meaning of tombe?
Fall onto
11. What does fouette mean?
Whipped
12. What does recourse mean?
Shortened
13. What does “pas de valse” mean?
Waltz step
14. Describe pas de bourree dessus (over)?
Step front-side-behind

15. Describe pas de bourree dessous (under)?
Step behind-side-front

16. Can these be executed with both the front and back foot?
Yes