

Ballet Theory Questions
Grade 6, 7, Intermediate Foundation & Intermediate

A candidate will be asked to demonstrate/answer 4 questions in the examination.

1. What is the correct height of rond de jambe en l'air?
When the thigh of the working leg is horizontal
2. How many ways can the rond de jambe be executed?
Two, en dehors and en dedans
3. Where are the extreme points of the rond de jambe?
Second and the supporting leg
4. Where should the rond de jambe be executed?
Forward of the supporting leg line, not in front of the supporting leg
5. What is an epaulment?
A movement of the shoulders, with one forward and one back
6. What are the movements of the arm and leg from devant to second in fouette rond de jambe?
The arm and leg move together
7. What is the position of the working foot in relevé devant?
The toes of the working foot under the knee
8. What is the essential movement of the feet in relevé in 5th?
To snatch both feet together so that one covers the other
9. What is the movement of the supporting leg in relevé on one foot?
To draw it underneath the centre of the body
10. In pose turn and preparation for pose, what happens to the weight of the body?
The weight is taken fully over the supporting leg on the pose
11. How should the coupé be executed in posé turn and preparation for posé?
The coupé should be taken straight behind the supporting leg and must not fall backwards or away
12. What is an arabesque?
A dance position – the weight of the body on a straight leg with the other behind in 4th
13. Is the back leg bent or straight?
Straight
14. What line is always displayed in an arabesque?
An oblique or diagonal line

15. What is the shape of the body in an arabesque en l'air?
Curved like the arc of a bow
16. What does penché mean?
Leaning
17. What is an attitude?
A balance on one straight leg, the other behind in 4th croisé
18. Is the back leg bent or straight?
Bent
19. Should the working foot in attitude be higher than the knee?
No
20. How many directions are there of turning in pirouette?
Two, en dehors and en dedans
21. What is the meaning of the word couru?
Running
22. What is the meaning of the word emboite?
Dovetailed
23. Describe the step emboite?
Small steps forward on demi or full pointe from 5th to 5th
24. Give the French terminology for these terms:
- | | |
|----------|-------------|
| Front | Devant |
| Forward | En avant |
| Back | Derriere |
| Backward | En aerriere |
| Open | Ouverte |
| Closed | Ferme |
25. In batterie where should the beating occur?
The cou-de-pied
26. Describe a sissone double.
A sissone ouverte followed by a coupe and an arabesque